

KIRKLAND'S®

News Release

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KIRKLAND'S CEO ENTERS INTO PREARRANGED STOCK TRADING PLAN

NASHVILLE, Tenn. (May 18, 2010) — Kirkland's, Inc. (NASDAQ: KIRK) announced today that pursuant to guidelines specified by Rule 10b5-1 under the Securities Exchange Act of 1934 and Kirkland's policies with respect to insider sales, Robert Alderson, the Company's President and Chief Executive Officer, has adopted a prearranged stock trading plan as part of his individual long-term strategy for asset diversification and estate planning purposes.

Rule 10b5-1 permits corporate officers and directors of public companies to adopt written, prearranged stock trading plans for selling specified amounts of stock. The plans may be adopted only when the director or officer is not in possession of material non-public information, and may be used to gradually diversify investment portfolios and to minimize the market effect of stock sales by spreading them out over an extended period of time.

Under the 10b5-1 plan, which was adopted in March, 2010, Mr. Alderson may sell up to 500,000 shares, subject to certain predetermined minimum price conditions, over a period of one year. The transactions under this plan will commence no earlier than Thursday, May 20, 2010, and will be disclosed publicly through Form 144 and Form 4 filings with the Securities and Exchange Commission. The Form 4 filings will also be posted on the Investor Relations page of the Company's website.

Prior to any stock sales under the plan, Mr. Alderson owns 735,982 shares of Kirkland's, Inc. common stock. Mr. Alderson intends to continue to hold significant ownership in the Company.

Kirkland's, Inc. was founded in 1966 and is a specialty retailer of home décor in the United States. Although originally focused in the Southeast, the Company has grown beyond that region and currently operates 281 stores in 28 states. The Company's stores present a broad selection of distinctive merchandise, including framed art, mirrors, candles, lamps, picture frames, accent rugs, garden accessories and artificial floral products. The Company's stores also offer an extensive assortment of gifts, as well as seasonal merchandise. More information can be found at www.kirklands.com.

Except for historical information contained herein, the statements in this release are forward-looking and made pursuant to the safe harbor provisions of the Private Securities Litigation Reform Act of 1995. Forward-looking statements involve known and unknown risks and uncertainties, which may cause Kirkland's actual results to differ materially from forecasted results. Those risks and uncertainties include, among other things, the competitive environment in the home décor industry in general and in Kirkland's specific market areas, inflation, product availability and growth opportunities, seasonal fluctuations, and economic conditions in general. Those and other risks are more fully described in Kirkland's filings with the Securities and Exchange Commission, including the Company's Annual Report on Form 10-K filed on April 15, 2010. Kirkland's disclaims any obligation to update any such factors or to publicly announce results of any revisions to any of the forward-looking statements contained herein to reflect future events or developments.

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